



Preparing Your Family

For Emergencies & Disasters

Hood River County Health Department

What does your family need every day? What would you take camping?

Make a Meet-Up Plan



If phones don't work, how will you meet-up?



Practice with your family

Stay Safe & Warm

Everyday / Emergency: 'Go' Kit & 'Stay' Kit



Stay Healthy



Drink Safe Water Only

Refrigerator/freezer food will spoil after 4-hours of warming

Take Prescribed Medications

Take Vaccines

Know What Is Happening

Reverse 911 — You have to Opt-In:

- Go to: www.co.hood-river.or.us
- Create a profile in the Everbridge® system

Listen to local radio broadcasts

Get to know your neighbors
(ahead of time)

Let your family know your plans



Our Mission:

Is to protect the health of all Hood River County residents by preventing disease, injury, premature death, and disability; promoting healthy lifestyles, behaviors and environment; and responding to disasters, disease outbreaks and epidemics through organized community efforts.

For more information, contact:

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Household Information:

<p style="text-align: center;">_____</p> <p style="text-align: center;"><i>Write your family's name above</i></p> <p style="text-align: center;">Family Emergency Communication Plan</p>	<p>Address:</p> <p>Phone Number(s):</p> <p>Primary Contact Person:</p>
<p>Family Member #1:</p> <p>Daytime Location: <i>Workplace, School, etc.</i></p> <p>Age: Gender: Contact / Phone #:</p>	<p>Family Member #2:</p> <p>Daytime Location: <i>Workplace, School, etc.</i></p> <p>Age: Gender: Contact / Phone #:</p>
<p>Family Member #3:</p> <p>Daytime Location: <i>Workplace, School, etc.</i></p> <p>Age: Gender: Contact / Phone #:</p>	<p>Family Member #4:</p> <p>Daytime Location: <i>Workplace, School, etc.</i></p> <p>Age: Gender: Contact / Phone #:</p>
<p>Family Member #5:</p> <p>Daytime Location: <i>Workplace, School, etc.</i></p> <p>Age: Gender: Contact / Phone #:</p>	<p>Family Member #6:</p> <p>Daytime Location: <i>Workplace, School, etc.</i></p> <p>Age: Gender: Contact / Phone #:</p>

Meet-Up Locations:

<p>Indoor (at home): Instructions:</p>	<p>Neighborhood: Instructions:</p>
<p>Out of Neighborhood: Instructions:</p>	<p>Out of Town: Instructions:</p>

Thank you for making a plan. It is often very difficult for families to reunite after a major disaster. Use this for to list your family members and various meet-up locations. Practice this plan with your family.

Store this information where it will be safe. For example, fold the document and put it inside a plastic bag inside your refrigerator. It will likely be safe from even a house fire in a refrigerator.